

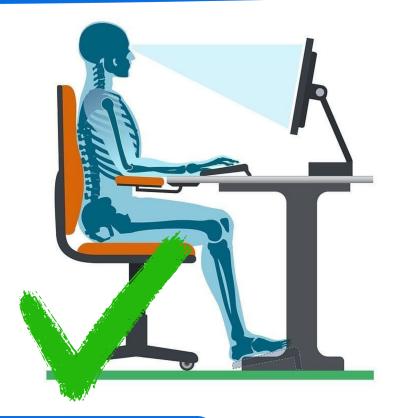






Your Back Matters, Keep it in Line





Have you completed your DSE Risk Assessment*?

*This can be found on the H&S Hub.

Spend some time today setting up your desk to protect your back!



Scan the QR code for more information on looking after your back

If you're struggling, get in touch and book an appointment with the James Hall Medical Team today!